

INSTRUCTIONS BEFORE SURGERY

1. You must have a relative or friend accompany you on the day of surgery, to and from the center, or **YOUR SURGERY WILL BE CANCELLED.**
2. Your escort **MUST** accompany you and **be present during admission.**
3. On the evening before your surgery **DO NOT EAT ANYTHING AFTER MIDNIGHT.** The nurse will call you before your surgery to advise you of further instructions.
4. You must arrive at the facility promptly at the scheduled appointment date and time on the day of surgery (***subject to change***).
5. If possible please **DO NOT** arrive more than 15 minutes prior to your scheduled time. All patients are taken in the order of their scheduled surgery time, **not** by arrival.
6. A shower or bath is required the evening before, or preferably, the morning of surgery.
7. **Do not apply facial or eye makeup, and do not wear any jewelry on the day of surgery.**
8. Please wear loose fitting comfortable clothing.
9. You may wear your dentures or hearing aid on the day of surgery unless otherwise specified by the doctor. **PLEASE DO NOT WEAR CONTACT LENSES.**
10. Plan to be at the office surgery center for several hours.
11. If you take regular prescription medication, please tell the nurse when she calls to confirm your surgery and she will advise you of how to take them on the day of surgery. Make sure you bring all medications with you.
12. Do not take aspirin, Motrin or medications containing aspirin for seven (7) days prior to surgery. You may take Tylenol.
13. If you chart your blood sugars on a daily basis, on the day of surgery, please bring in the results of the blood glucose test (blood sugars) for the **evening before** and the **morning of the surgery**.
14. You will not be allowed to drive following surgery because sometimes mild sedatives are given. A friend or relative must accompany you home after surgery **OR YOUR SURGERY WILL BE CANCELLED.**
15. Following surgery you should go home and rest. You may resume normal activity the next day unless otherwise directed by the doctor.
16. Carefully follow the post-operative instruction sheet that will be given to you.
17. You will be given an appointment for a brief check-up the day after surgery.

NEW YORK STATE LICENSED DIAGNOSTIC & TREATMENT CENTER FOR AMBULATORY SURGERY



Accredited by
Accreditation Association for Ambulatory Health Care, Inc.